

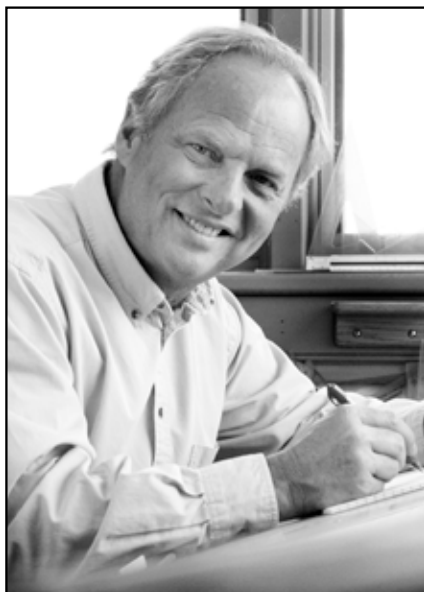


# Sport Owner's Manual



## Table of Contents

Introduction / Opening the Table . . . . .	2	Table Fold-Down . . . . .	10
Identification of Table Parts . . . . .	3 - 5	Accessories . . . . .	11
Table Set-Up . . . . .	6 - 7	Care & Maintenance . . . . .	12
Table Operation . . . . .	8 - 9	Warranty . . . . .	13



Thank you for your purchase of a Sport portable table.

We are pleased to provide you with an adjusting table that is extremely durable and skillfully designed. It has been thoroughly inspected and tested right down to the smallest detail before leaving our shop. We are confident that it will provide you with many years of reliable service.

Please take the time to read this manual. It will familiarize you with the proper set-up, operation and maintenance of your table.

If you have any questions or comments, feel free to contact us.

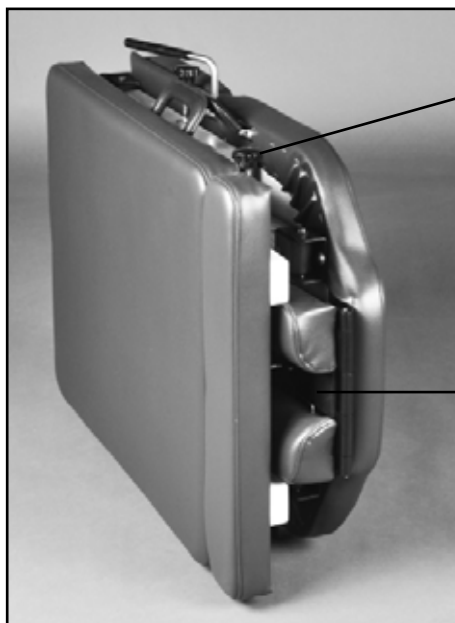
Sincerely,

A handwritten signature in cursive script that reads "Thuli".

Rick Thuli, D.C.  
President

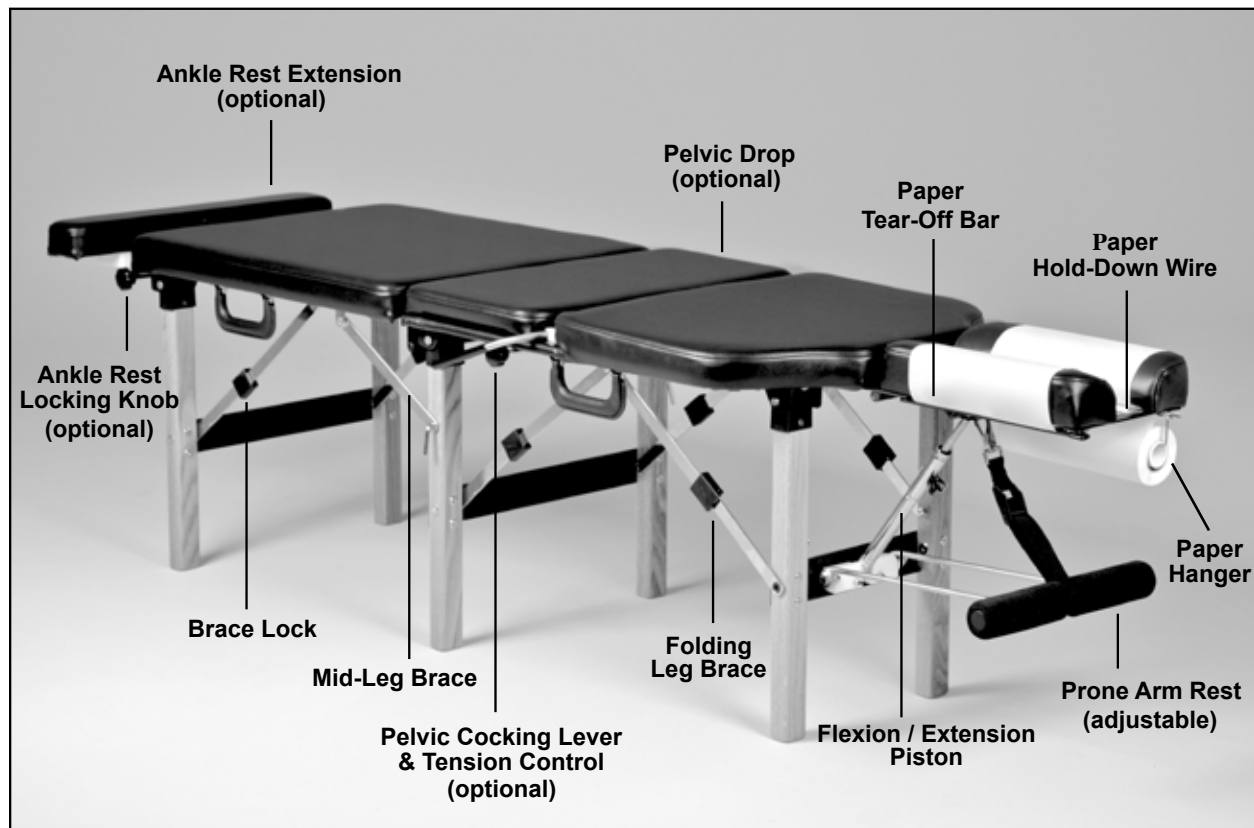
### OPENING THE TABLE

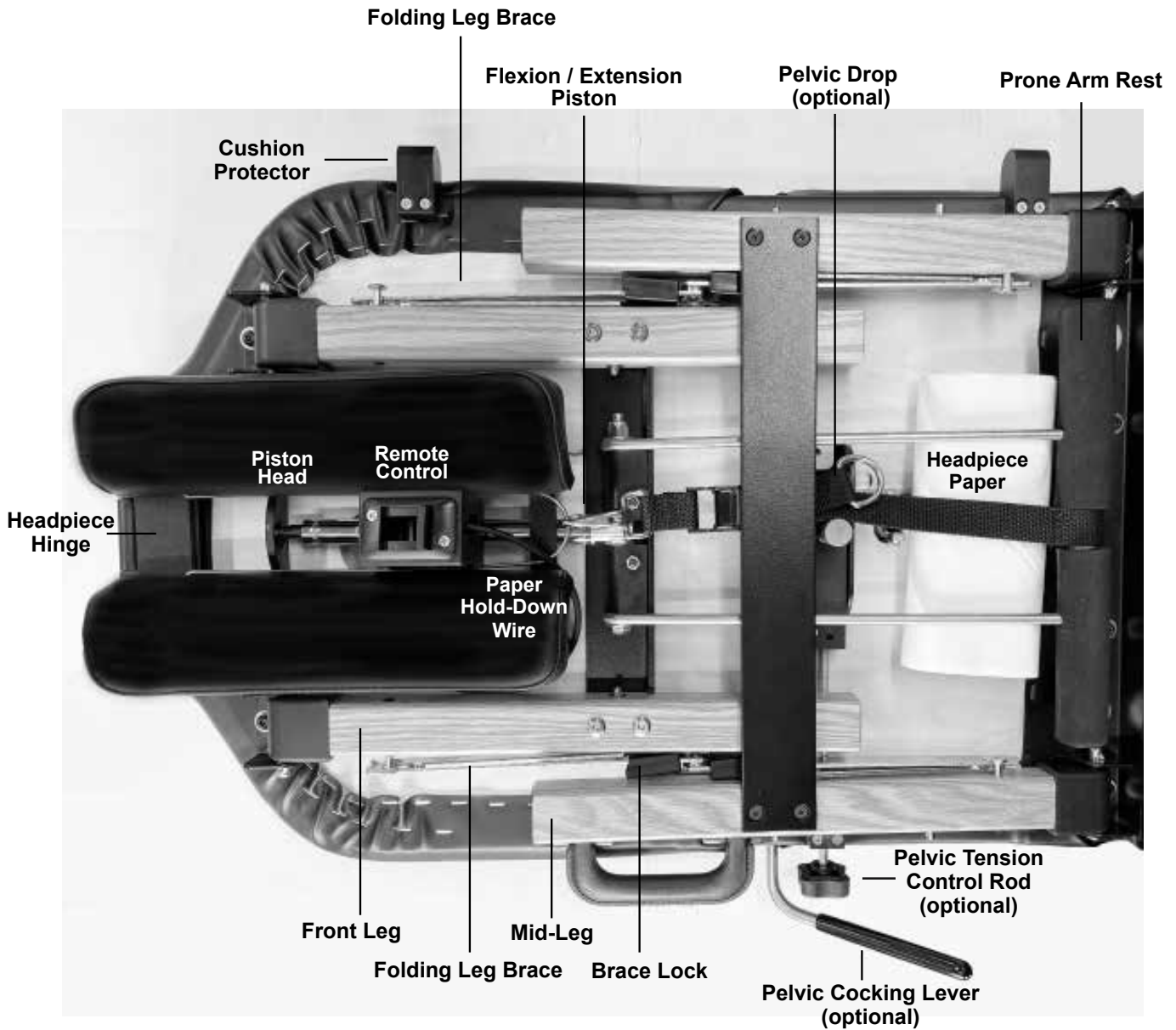
1. Lay the table onto its contoured thoracic section.
2. If your table has an ankle rest extension, loosen the locking knob and pull out the ankle rest.
3. Release the eye hook from the metal bracket located between the headpiece cushions.
4. Push the ankle rest back in and open the table.
5. Secure the eye hook into the clip when the table is set up.

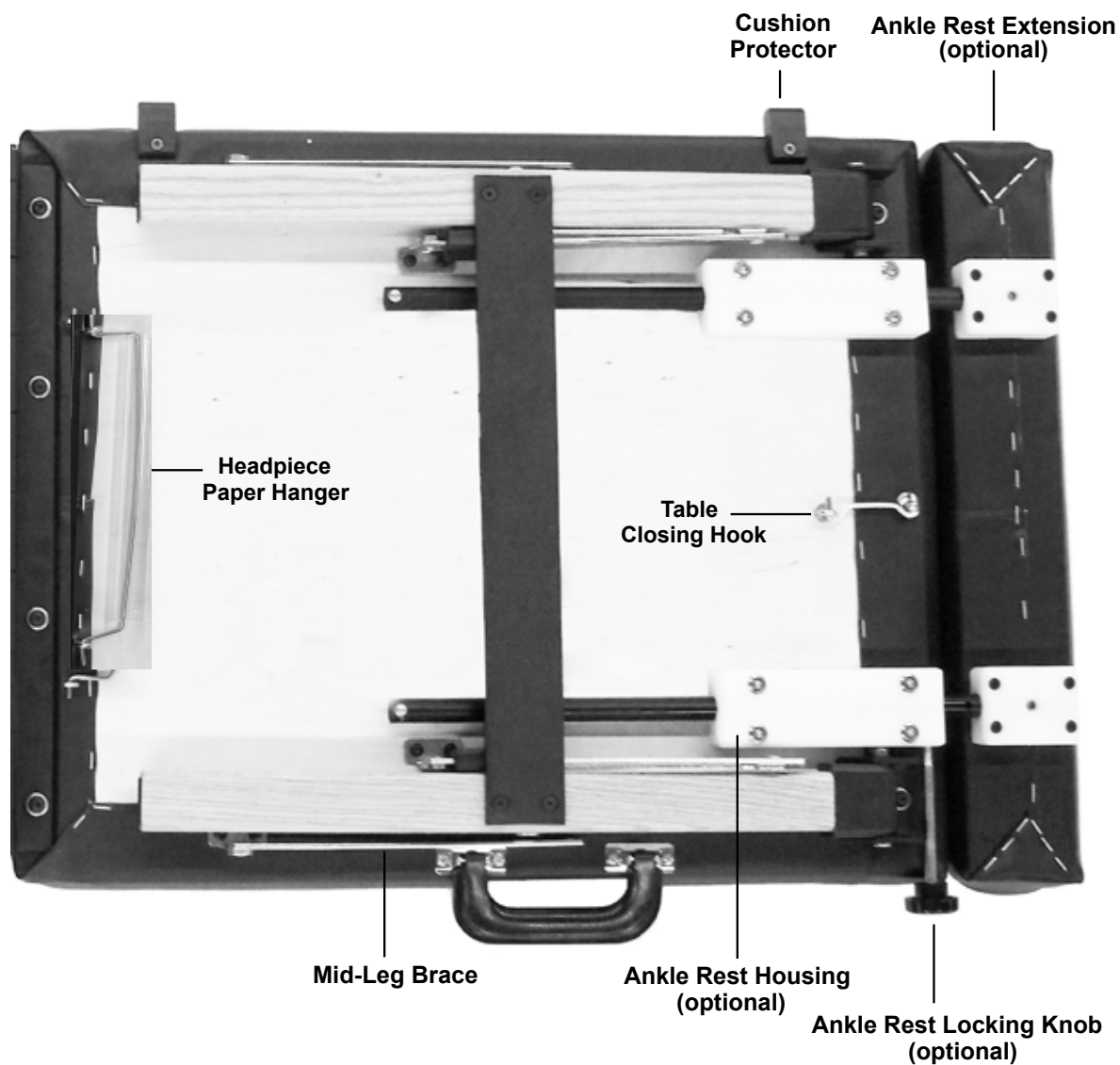


Ankle Rest  
Locking Knob  
(optional)

Eye Hook

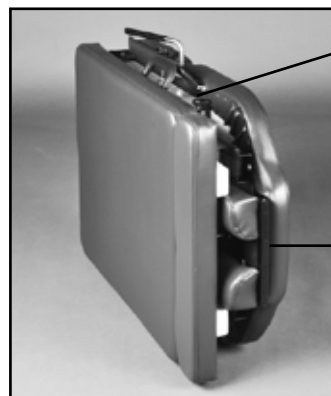






## OPENING THE TABLE

1. Lay the table onto its contoured thoracic section.
2. If your table has an ankle rest extension, loosen the locking knob and pull out the ankle rest.
3. Release the eye hook from the black metal bracket located between the headpiece cushions.
4. Push the ankle rest back in and open the table.
5. Secure the eye hook into the clip when the table is set up.

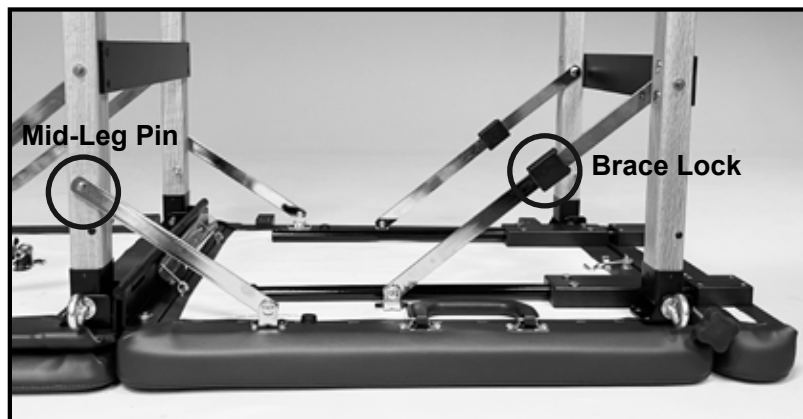


Ankle Rest  
Locking Knob  
(optional)

Eye Hook

## BACK LEG SET-UP

Grasp the horizontal crosspiece and raise the back legs from their folded position. Straighten the folding leg braces and lock them into place by sliding the brace locks over the brace joints (photo below). If the brace lock slips down, reposition it after the table is set upright.



Mid-Leg Pin

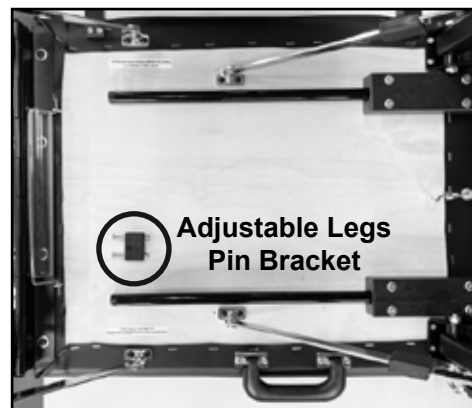
Brace Lock

## MIDDLE LEG SET-UP

1. Raise the middle legs and lock the folding braces into place.
2. For structural stability, it is very important to attach the straight mid-leg braces to the legs:

**Wood Legs:** Raise the two straight mid-leg braces and snap them onto the mid-leg pins.

**Adjustable Legs:** The mid-leg pins are stored in a bracket on the underside of the table (photo). Start from the outside of the table, and insert the pin through the brace and then into the leg, making sure it “pops” through the other side of the leg.

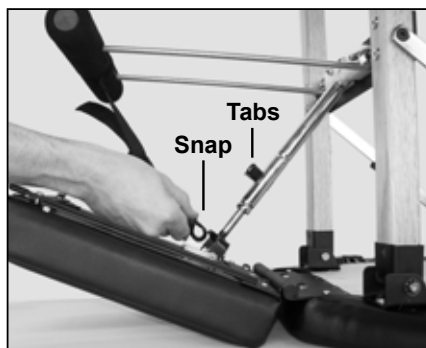


Adjustable Legs  
Pin Bracket

## HEADPIECE & FRONT LEG SET-UP

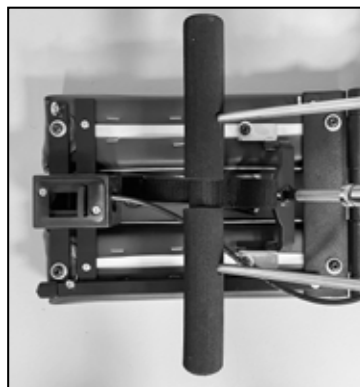


1. Release the snap from the headpiece.
2. **Raise the headpiece and the front legs simultaneously** by grasping the legs with one hand and the headpiece with the other. Straighten the folding leg braces and lock them into place.



3. Lower the headpiece to the floor by pinching together the two tabs in the center of the piston or by operating the remote control (optional feature).
4. Lower the prone arm rest and clip the snap into the hole in the piston bracket.

## REMOTE CONTROL



If your table has a remote control, slide it onto the two metal straps between the headpiece cushions.

## CRESCENT ARM REST (Optional)



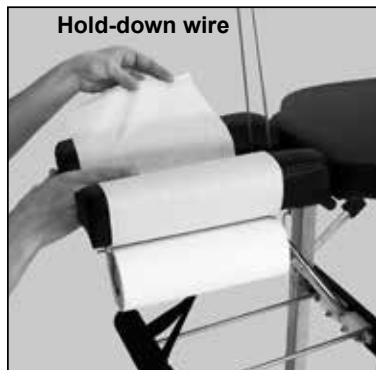
**Wood Legs:** Attach the Crescent Arm Rest by sliding the slotted ends of the bracket onto the bolts located on the inside of the front legs. Push down on the grips, snapping it into place.

**Adjustable Legs:** Attach the Crescent Arm Rest using the pins provided. Starting from the **outside** of the legs, insert the pin through the hole in the leg, and then through the hole in the Crescent Arm Rest bracket, until the pin “pops” into place. When folding the table, remove the pins and store them in the Crescent Arm Rest bracket.

## SET THE TABLE UPRIGHT

1. Remove the headpiece paper.
2. Remove the paper hanger from underneath the table, and insert it into the eye hooks on the side of the headpiece.
3. Set the table upright.

## HEADPIECE PAPER



1. Slide a 8.5" roll of paper onto the paper hanger.
2. Raise the hold-down wire and open the tear-off bar. Advance the paper several inches beyond the tear-off bar and tuck the paper between the cushions.
3. Lower the hold-down wire and close the tear-off bar.



4. To advance the paper, open the tear-off bar, hold your fingers on the hold-down wire and pull the paper across the cushions. Pulling the paper in an upward direction will reduce friction, making it easier to pull. It is not necessary to raise the hold-down wire each time the paper is advanced.



5. To tear off used paper, use an outward motion while holding in on the tear-off bar.

## FLEXION & EXTENSION



### WITHOUT REMOTE CONTROL

Grasp the front end of the headpiece while pinching together the two tabs located in the center of the piston.



### WITH REMOTE CONTROL

Reach under the front end of the headpiece to operate the remote control lever.

**NOTE:** Advise your patient before changing the position of the headpiece to prevent any unnecessary startle.



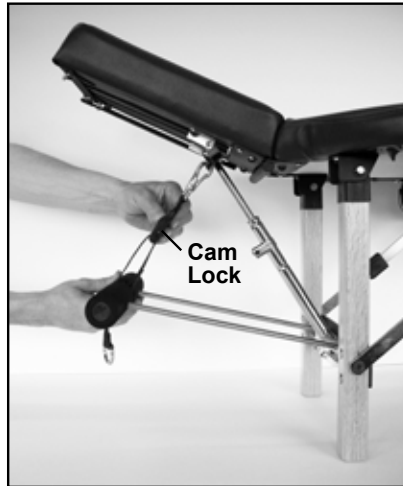
## PRONE ARM REST

It is recommended that the patient's wrists rest on the cushioned portion of the arm rest with their hands relaxed. Advise the patient not to apply weight on the prone arm rest when getting off of the table. The prone arm rest is adjustable in height.



### RAISING THE PRONE ARM REST

Pull on the loop at the end of the strap.



### LOWERING THE PRONE ARM REST

Squeeze the cam lock and pull down on the prone arm rest grips.

## PELVIC DROP (optional)

The pelvic drop has adjustable tension and cocks with an upward motion of the cocking lever. Position the patient's anterior superior iliac spine (ASIS) at the juncture of the pelvic and thoracic sections. To set the tension, use the following guidelines, which may vary according to the practitioner's preference.

1. Advise your patient prior to setting the tension.
2. With the patient on the table, cock the drop section with an upward motion of the cocking lever. There must be sufficient tension on the drop to hold the patient's weight.
3. Decrease the tension by turning the tension control knob counterclockwise until the section drops.
4. Increase the tension by turning the knob clockwise 3-4 half turns. As a general rule, the drop section is now set for the patient's weight.

## ANKLE REST EXTENSION (optional)

The ankle rest can be extended up to 13" and locked into position by tightening the knob near the ankle rest. Shorter patients can drop their feet into the recess created by the extended ankle rest.

## ADJUSTABLE LEGS: SETTING THE HEIGHT

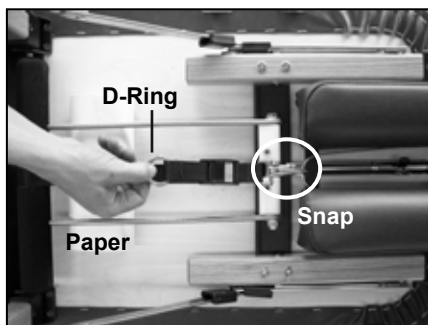
With the table on it's cushions:

1. Remove the mid-leg pins.
2. Remove the Crescent Arm Rest (if your table has one).
3. Squeeze the two buttons on the leg pins and move the legs in or out (in 1" increments) to the desired height. When folding the table, be sure to lower the legs to a table height of 24" or lower so the legs can fold into the table.

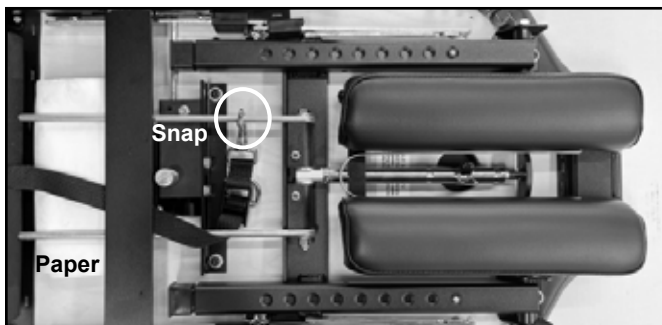
## FOLD THE TABLE IN THE REVERSE ORDER OF SET-UP

1. Remove the headpiece paper and hanger.
2. Lay the table onto its cushions.
3. Disconnect the prone arm rest from the headpiece mount bracket and swing it up as far as possible.
4. Pinch together the two tabs in the center of the piston and flex the headpiece until it is stopped by the piston.
5. Slide the brace locks down from the brace joints until they contact the brace bracket.
6. **Adjustable Legs:** Adjust the table height to 24" or lower to allow the legs to fold into the table.
7. Collapse the folding leg braces inward and fold the front legs into the table. The headpiece and prone arm rest will automatically fall into position.
8. Remove the headpiece paper from the hanger. Store the hanger on the eyescrews in the back section of the table. Compress the paper and store it underneath the prone arm rest.
9. **Wood Legs:** Loosen the prone arm rest strap and clip the snap onto the hold-down wire (photo). Pull the D-ring to tighten.
10. **Adjustable Legs:** Wrap the strap around one prone arm rest rod and hook to the opposite rod (photo).
11. Detach the mid-leg braces and swing them into the back section of the table.
12. Fold the middle legs into the table.
13. Fold the back legs into the table.
14. Fold the back section onto the front thoracic section.
15. If your table has an ankle rest extension, pull it out.
16. To close the table, engage the closing hook into the metal bracket located between the headpiece cushions.
17. Push the ankle rest back in.

### WOOD LEGS



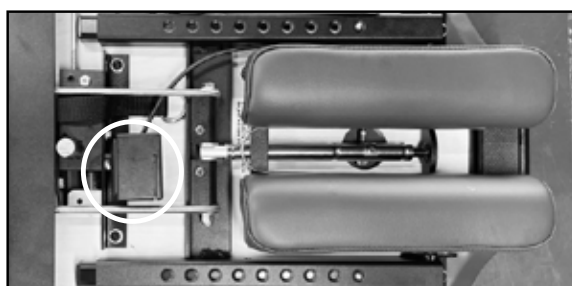
### ADJUSTABLE LEGS



## STORAGE OF REMOTE CONTROL (optional feature)



**WITH WOOD LEGS:** Store the remote control between the headpiece hold-down wires, far enough up from the bend in the wire so the box sits flat.



**WITH ADJUSTABLE LEGS:** Store the remote control as shown in photo. Do not store it between the headpiece cushions (the table will not fold).

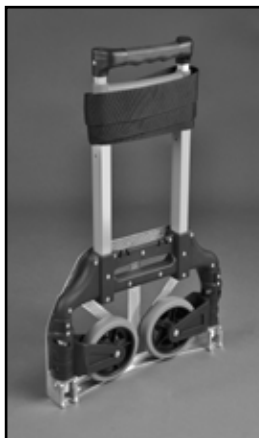
**See full line of Accessories: [www.thulitables.com](http://www.thulitables.com)**

### PROTECTIVE COVER



The Protective Cover provides excellent protection when traveling by car. To put the cover on, start with the folded table in an upright position, remove the shoulder strap from the table, place the cover over the top of the table, lean the table forward and tuck the flap under the table. Lean the table back, pull the flap from under the table, and secure with velcro.

### PULL CART



The strong, lightweight Pull Cart has large 5" rubber wheels and easily negotiates stairs, curbs and athletic fields. A strap secures the table to the cart. It can also be used with the Protective Cover or Airline Travel Case. When folded, the Pull Cart fits inside the airline overhead compartment.

### FLEXION DISTRACTION DEVICE



Add Flexion Distraction to your Sport at anytime with this ingenious, mechanical device. Simply fold the table's back legs into their storage position and attach the FD Device in seconds. Quickly dissassembles for portability.

## PELVIC DROP: CLEANING & LUBRICATION

Periodic lubrication of the pelvic drop will ensure a smooth, crisp drop. Apply 3-IN-ONE oil every month or 500 adjustments. If the drop has not been lubricated on a regular basis, first apply WD-40 to clean the plunger of dust & debris.

### **Routine lubrication:**

1. Place the table on its cushions.
2. Locate the stainless steel plunger of the pelvic drop.
3. Apply 3-IN-ONE oil onto the plunger. Allow a few minutes for the oil to penetrate before setting the table upright.

### **If the drop has not been lubricated on a regular basis:**

1. Lay the table on its cushions.
2. Apply WD-40 onto the plunger and allow a few minutes for penetration. Set the table upright and drop the section several times to clean from dust & debris.
3. Set the table back on its cushions and apply 3-IN-ONE oil onto the plunger for lubrication. Allow a few minutes for the oil to penetrate before setting the table upright. Drop the section several times.

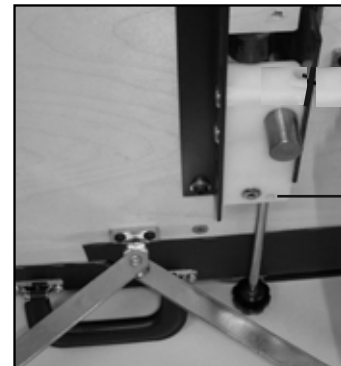


## TENSION CONTROL ADJUSTMENT

The resistance on the tension control rod can be increased or decreased by adjusting the set screw on the bottom of the thoracic, pelvic and caudal drop blocks using a 1/8" allen wrench:

**Increase resistance:** Turn the set screw clockwise. This is helpful if the tension control rod is "backing out" while using the drop.

**Decrease resistance:** Turn the set screw counter-clockwise.



Set Screw

## VINYL CLEANING

### **1. Mild Daily Cleaning:**

Use dish soap and warm water (1:10) with a soft cloth. **Follow with a thorough, clear water rinse.** If a more aggressive cleaning is necessary, use a soft bristle brush with the same solution. Avoid harsh detergents and powdered abrasives. Areas coming in contact with hair, body oils or perspiration should be washed frequently. Remove stains immediately to prevent the possibility of becoming permanent. Alcohol (70% min) is effective in removing some stains. **Follow with a thorough, clear water rinse.**

### **2. Disinfecting Options:**

**Bleach:** Dilute 4 tsp bleach in 1 quart of water in a spray bottle. Spray on vinyl, leave for 1-2 minutes and rinse with water.

**Hydrogen Peroxide (3%):** Available in spray bottle. Use undiluted and leave on for 5 minutes and rinse well with water.

3. **Water Rinse:** It is important to follow any cleaning with a thorough, clear water rinse to minimize premature deterioration of the vinyl from extended exposure to chemicals.

**REPLACEMENT VINYL:** In the event of wear or damage, pre-sewn replacement vinyl is available from Thuli Tables.

Our tables are designed and built to high standards. We are proud to offer a limited lifetime warranty against manufacturing defects, with the exception of the headpiece piston, which is covered by a one year warranty.

This warranty is valid to the original owner if the table has not been altered in any way. It does not cover issues caused by normal wear & tear or damage due to accidents, improper use or negligence.

If your table needs repair, whether under warranty or not, please contact us. We will determine what is needed and send you the necessary part. Our tables have been designed so that replacing a part is relatively easy to do yourself. Please note labor costs are not covered.







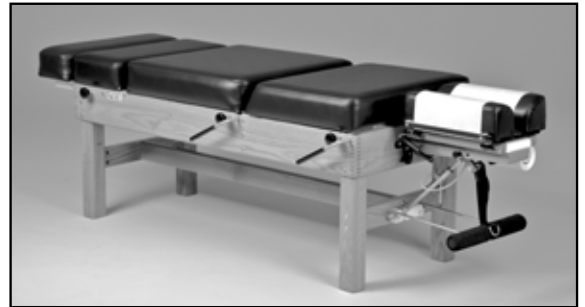
**Junior Portable**



**Sport Portable**



**Tour Portable**



**300 Stationary**



**500 Stationary**



**Elevation Tables**



**Treatment Tables**



**Portable Drops**

## **THULI TABLES**