

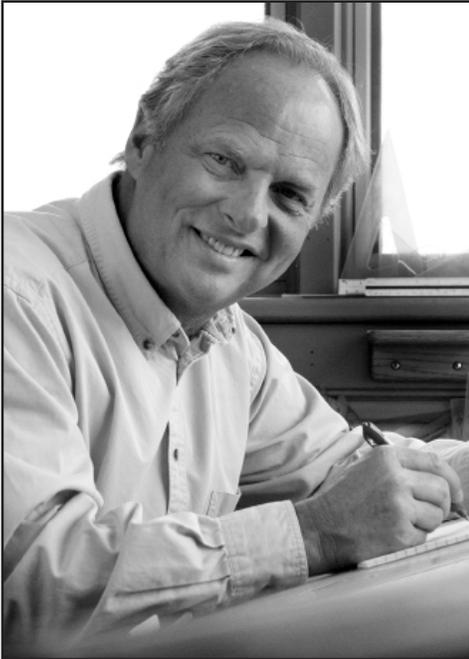
Owner's Manual

500 Stationary



Table of Contents

Introduction & Warranty	2	Table Accessories	13
Identification of Parts	3-4	Care & Maintenance	14-15
Table Assembly	5	Office Art	16
Headpiece Operation	6-8	Overview of Products	Back
Table Operation	9-12		



Thank you for your purchase of a 500 Stationary table. We are pleased to provide you with a chiropractic adjusting table that is versatile, precisely engineered and beautiful. It has been thoroughly inspected and tested right down to the smallest detail before leaving our shop. We are confident that it will provide you with many years of reliable service.

Please take the time to read this manual carefully. It will familiarize you with the table and instruct you on its proper operation and maintenance.

Thuli Table products are covered by a one year warranty, which includes any defect in workmanship, function and materials under normal wear and tear conditions.

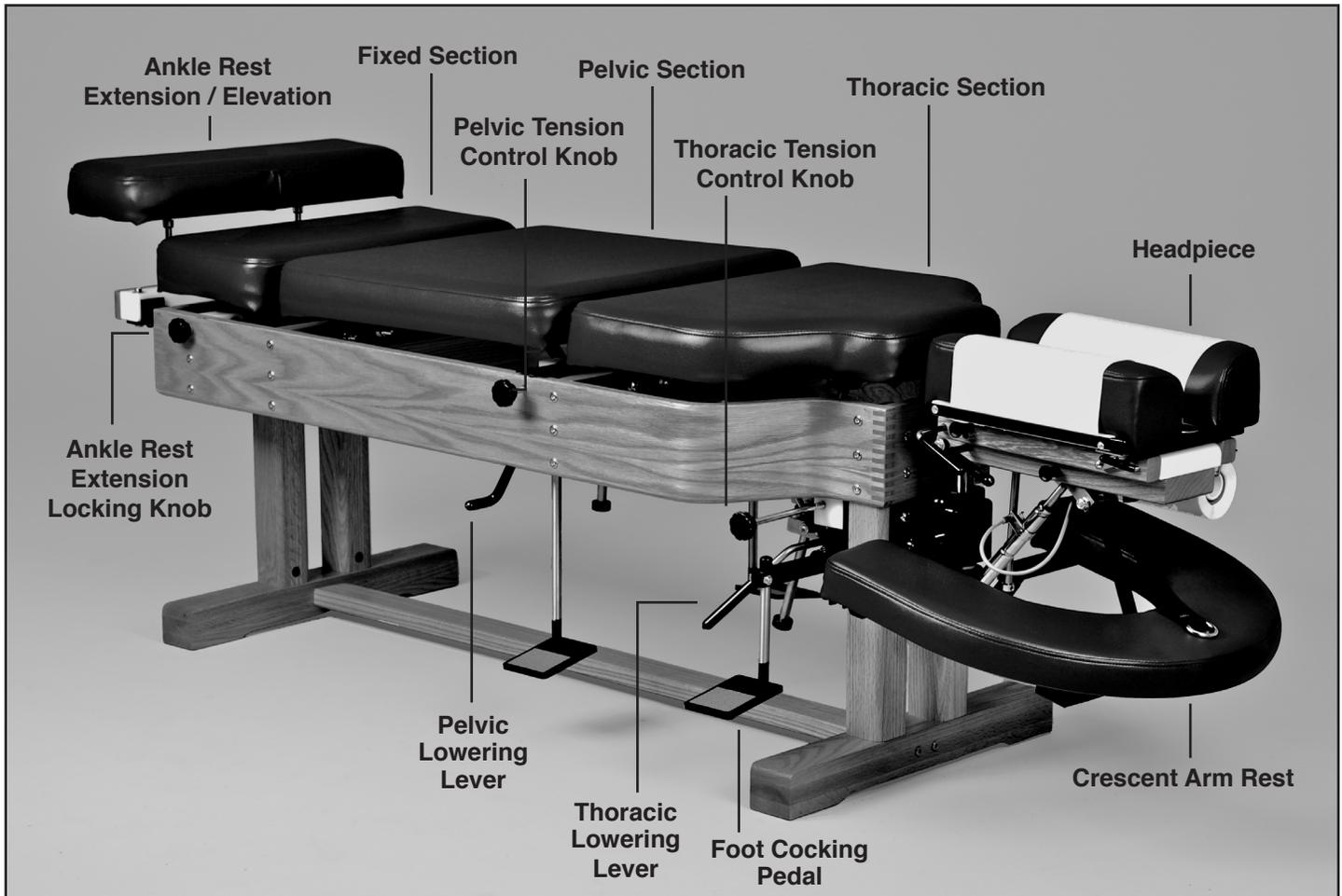
If you have any questions or comments, please contact us. We look forward to speaking with you!

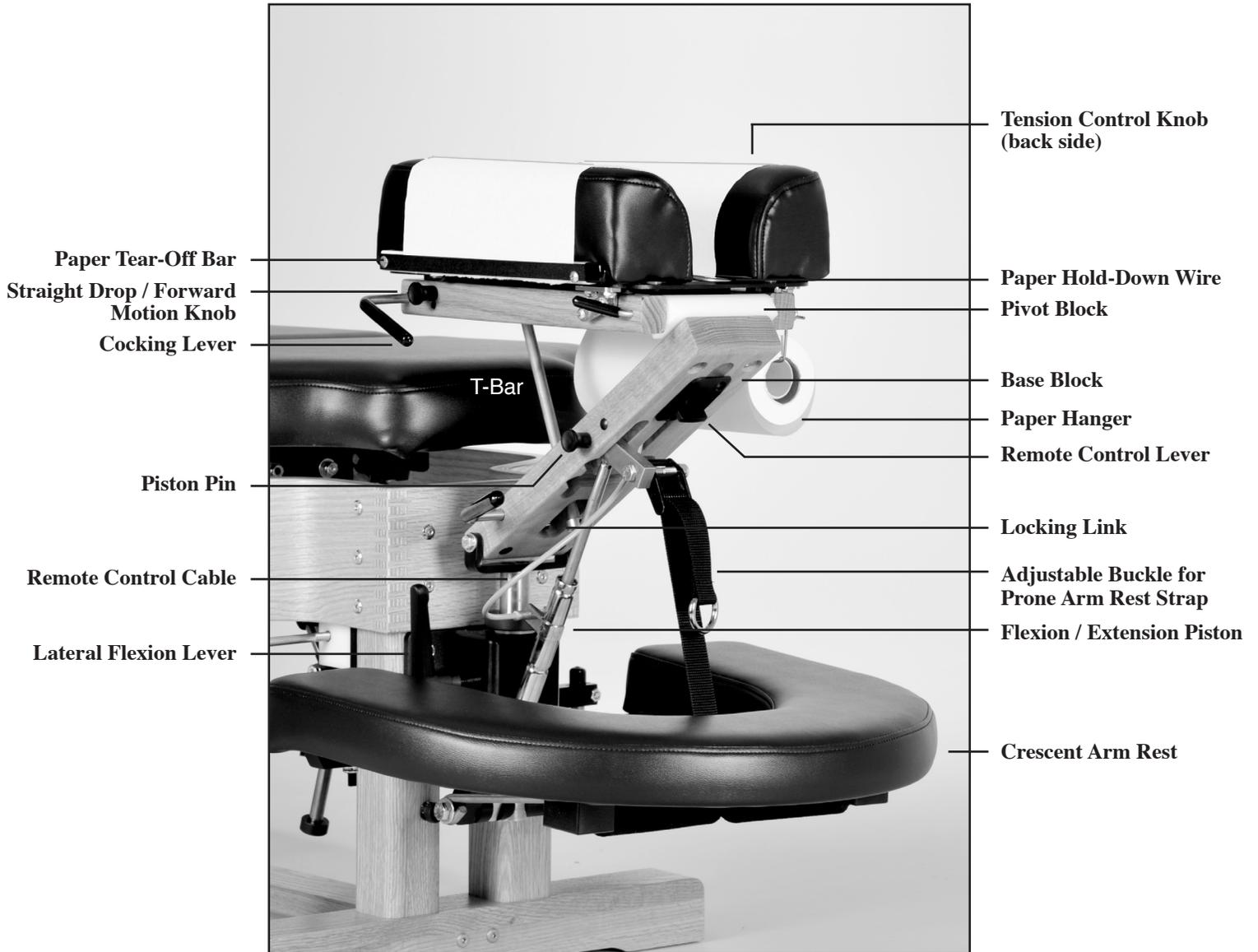
Sincerely,

A handwritten signature in cursive script that reads "Rick Thuli".

Rick Thuli, D.C.
President







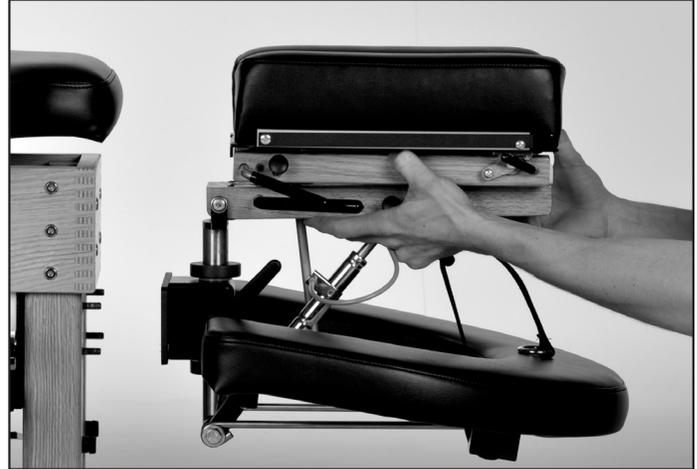
Your table is easy to set up and operate. In order to protect the headpiece and ankle rest extension during shipment, they have been packaged together in a separate box from the table. A wrench is provided for table assembly, and the accompanying set up instructions will assist you.

ANKLE REST EXTENSION



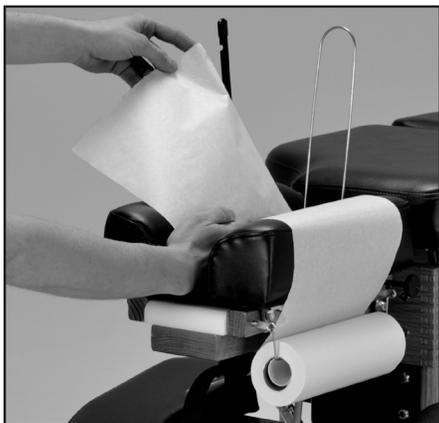
1. Remove the hitch pins and “O” rings from the ankle rest extension rods.
2. Remove tape from the ankle rest extension lockout knobs.
3. Slowly insert the ankle rest extension assembly through the frame, plastic housings and wood crosspiece.
4. Once you’ve pushed the ankle rest extension all of the way in, replace the “O” rings and hitch pins.

HEADPIECE



Attach the headpiece to the four protruding bolts at the front of the table, using the wrench provided.

HEADPIECE PAPER



1. Install a standard 8" roll of headpiece paper, as shown.
2. Raise the paper hold-down wire and tear-off bar. Advance the paper and tuck it between the cushions.
3. Lower the hold-down wire between the cushions, lower the tear-off bar and tear off excess paper.



4. To advance the headpiece paper, raise the tear-off bar, hold your finger on the paper hold-down wire and pull the paper across the cushions. Pulling the paper in an upward direction will reduce friction, making it easier to pull.



5. To tear off used headpiece paper, use an upward motion while holding down the tear-off bar.

FLEXION & EXTENSION



Flex and extend the headpiece by grasping the front end of the headpiece and operating the remote control lever.

LATERAL FLEXION



To flex the headpiece laterally, lift the lateral flexion lever in a counterclockwise direction, manually position the headpiece, then lock it into position by tightening the lateral flexion lever. This can be done while the headpiece is in the flexed, extended or elevated position.

REPOSITIONING LATERAL FLEXION LEVER



The position of the lateral flexion lever can be changed. With the lateral flexion lever tightened, pull the lever directly outward, rotate to the desired position, and release.

STRAIGHT DROP



Prior to cocking the headpiece, set for straight drop by pulling out the headpiece straight drop/forward motion knob.

FORWARD MOTION DROP



Prior to cocking the headpiece, set for forward motion drop by pushing in the headpiece straight drop/forward motion knob.

Cock the headpiece with an upward motion on the headpiece cocking lever. Set the desired tension by turning the headpiece tension control knob clockwise (increasing tension) or counterclockwise (decreasing tension). **NOTE: Changing the drop direction after the headpiece is cocked will result in an ineffective drop and may damage the mechanism.**

VERTICAL ELEVATION



1. Raise the back end of the headpiece by lifting the red grip of the cocking lever (without operating the lever).
Caution: Do not grasp the cushions to raise the back end, which could stretch and damage the small springs.



2. Raise the front end of the headpiece by operating the black flexion/extension control lever, as in headpiece flexion/extension.

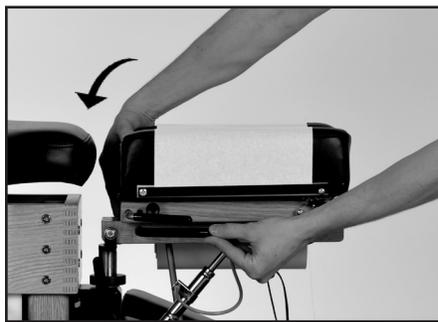


3. With practice, steps 1 and 2 can be combined to vertically raise the headpiece in one smooth motion.

VERTICAL LOWERING



1. Lower the front end of the headpiece by operating the remote control lever.

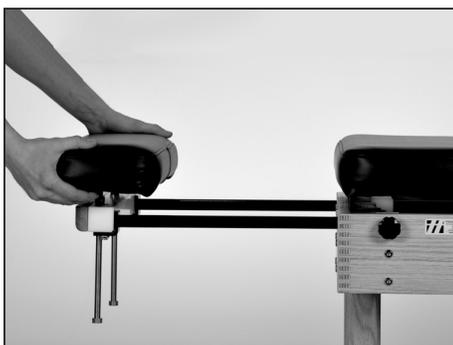


2. In one smooth motion, lower the back end of the headpiece by lifting the headpiece lowering lever firmly with one hand while gently lowering the back end of the headpiece with the other.

IMPORTANT

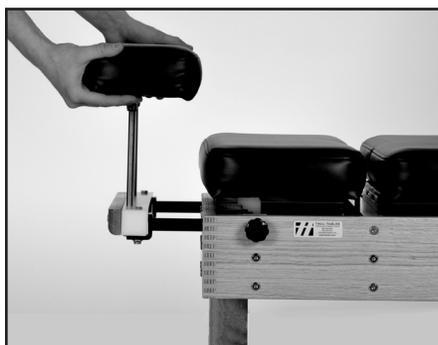
Advise your patient before changing the position of the headpiece. This is especially important when lowering the back end of the headpiece (step 2 above). Failure to gently lower the back end of the headpiece may result in its sudden drop, causing possible alarm to the patient.

ANKLE REST EXTENSION



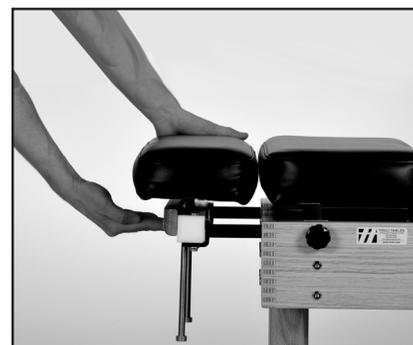
The ankle rest can be extended up to 10" to accommodate taller patients. Shorter patients can drop their feet into the recess created by the extended ankle rest. Locking knobs are provided on both sides of the table.

ANKLE REST ELEVATION



To ELEVATE, simply lift up on the ankle rest.

ANKLE REST LOWERING



To LOWER, lift the center of the wood bar with one hand while gently lowering the ankle rest with the other hand.

HEADPIECE CUSHIONS: ADJUSTABLE WIDTH

The headpiece cushions are easily adjustable in width for individualized patient comfort. Firmly pull up on the front end of each headpiece cushion and move in (one or two notches) or out (one or two notches) to desired position. Secure cushions by engaging locating pins into notches provided.



Neutral position.



Narrowest position for smaller faces (eg children).



Widest position takes pressure off of the patient's eyes.

PRONE POSITION



We recommend that the patient be positioned sufficiently forward with their arms outstretched and wrists resting on the prone arm rest. By using the strap, the prone arm rests can be adjusted to the patient's comfort.

SIDE POSTURE POSITION



Side posture positioning of the patient's head for lumbo-pelvic adjusting or toggle recoil adjusting.

SUPINE POSITION



The headpiece can be positioned to support the cervical spine and head when the patient is in the supine position.

EYE COMFORT IN PRONE POSITION:

For patients who are sensitive to pressure on their eyes, slightly raise the back end of the headpiece. This will take pressure off of the eyes by supporting the weight of the head at the mandible and zygomatic arches. Using this maneuver, in combination with slight flexing of the headpiece, will provide additional comfort for many patients.

PELVIC DROP

Proper prone positioning on the pelvic drop section should have the patient's anterior superior iliac spine (ASIS) at the juncture of the pelvic and thoracic sections.

THORACIC DROP

When using the thoracic drop, position the patient sufficiently forward with their arms outstretched and wrists resting on the prone arm rest.

THORACIC SECTION: RAISING



The cephalad end of the thoracic section can be raised to a height of 0"-9 1/2" from horizontal, which translates to an included angle of 0-30 degrees, and is designed to be used with the patient in the **supine position only**.

TO RAISE, simply lift up on the cephalad end. Ask the patient to assist you by momentarily sitting up and forward while you raise the thoracic section to the desired height/angle.

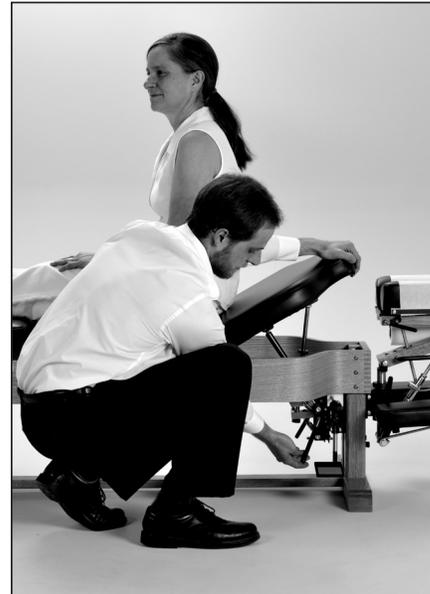
USES INCLUDE: Anterior Thoracic adjusting, cervical palpation and diversified cervical adjusting (while the practitioner is in a comfortable, upright position).

DROP SECTIONS: TENSION SETTING

All drop sections have adjustable tension control and cock by stepping down on the foot cocking pedal. **Advise your patient of your intentions before setting the tension.**

1. With the patient on the table, cock the drop section. You must have sufficient tension on the drop mechanism to hold the patient's weight.
2. Loosen the tension control knob by turning it counterclockwise until the section drops.
3. Turn the tension control knob clockwise 3-4 half turns. As a general rule, the drop section is now set for the patient's weight. The desired tension may vary according to the practitioner's preference.

THORACIC SECTION: LOWERING



Before lowering the thoracic from a raised position, advise your patient of your intention. Do not attempt to lower the thoracic section with the patient's weight on the section or without the patient's knowledge, as this could result in a sudden drop of the section causing surprise and/or possible injury to the patient.

TO LOWER:

1. Ask your patient to sit forward on the table removing weight from the thoracic section.
2. Pull back and upward on the thoracic lowering lever.
3. Lower the thoracic section by pushing down on the cephalad end.

PELVIC SECTION: RAISING



The cephalad end of the pelvic section can be raised to a height of 0"-6 1/2" from horizontal, which translates to an included angle of 0-22 degrees and is intended to be used with the patient in the prone position only.

TO RAISE, simply lift up one cephalad end. If your patient is lying prone on the table when you intend to raise the section, ask the patient to assist you by momentarily shifting his/her weight off of the pelvic section (e.g. to his/her chest and knees) while you raise the pelvic section to the desired height/angle.

PELVIC SECTION: LOWERING



Before lowering the pelvic section from a raised position, advise your patient of your intention. Do not attempt to lower the pelvic section with the patient's weight on the section or without the patient's knowledge, as this could result in a sudden drop of the section causing undue alarm and/or possible injury to the patient.

TO LOWER:

1. Ask your patient to shift his/her weight off of the pelvic section,
2. Pull back and upward on the pelvic lowering lever.
3. Lower the pelvic section by pushing down on the cephalad end.

MULTIPLE SECTION POSITIONING



By changing the position of each section, the table can comfortably accommodate individual body types.

COMFORT PILLOW



The base of the Comfort Pillow inserts into place between the headpiece cushions. Use with your Thuli or any other manufacturer's table!



The Velcro on the underside of the pillow secures it to the base, allowing for width adjustability.



The Comfort Pillow offers massage quality comfort in the prone position.



Rotate the Comfort Pillow 180 degrees to provide cervical support in the supine position.

CRESCENT ARM REST



The Crescent Arm Rest provides additional forearm support in the prone position. Can be retrofitted at anytime (minimal installation required).

BOLSTERS



Bolsters are 20" wide with a nonslip base. Choice of two heights: 2.75" or 4.25". Use in prone position under ankles or in supine position under knees to relax hamstrings.

DROP MECHANISM LUBRICATION

Periodic lubrication of the drop mechanisms will insure smooth, crisp drops. We recommend that you use 3-IN-ONE oil after about 500 adjustments or once/month, whichever comes first. If the drops have not been lubricated on a regular basis, it is recommend to first clean the plungers using WD-40. See instructions below.

CERVICAL DROP



Routine lubrication:

1. Raise the back of the headpiece.
2. Apply 3-IN-ONE into the hole of the white drop mechanism housing as shown in the photo. Allow a few minutes for the lubricant to penetrate the mechanism before using the headpiece drop.

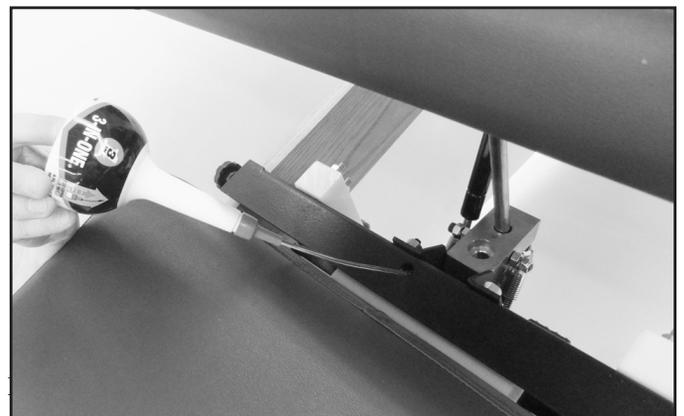
If the drop has not been lubricated on a regular basis:

1. First clean the plunger from accumulated dust and debris by applying WD-40 (as shown above) and then drop the headpiece several times.
2. Apply 3-IN-ONE oil to lubricate the drop (as described above).

UPHOLSTERY

Normal day to day soil on the vinyl upholstery can be removed with neutral soap and warm water, and then rinsed thoroughly. Avoid harsh detergents and powdered abrasives. Areas coming in contact with hair, body oils or perspiration should be washed frequently. Remove stains immediately to prevent the possibility of them becoming permanent. In the event of damage, pre-sewn replacement upholstery is available from Thuli Tables.

THORACIC & PELVIC DROPS

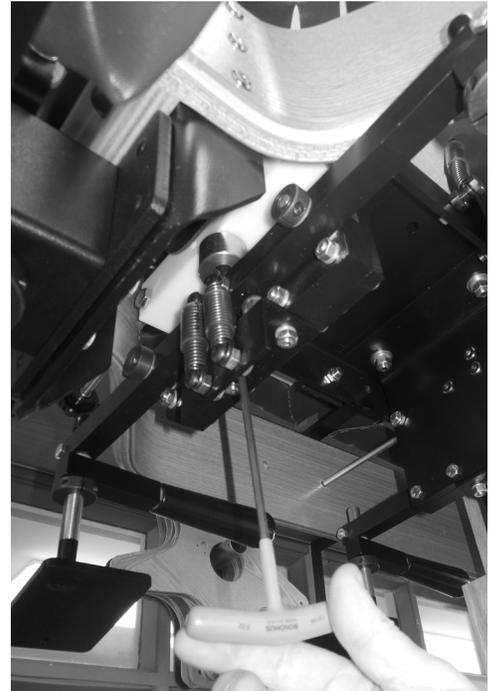
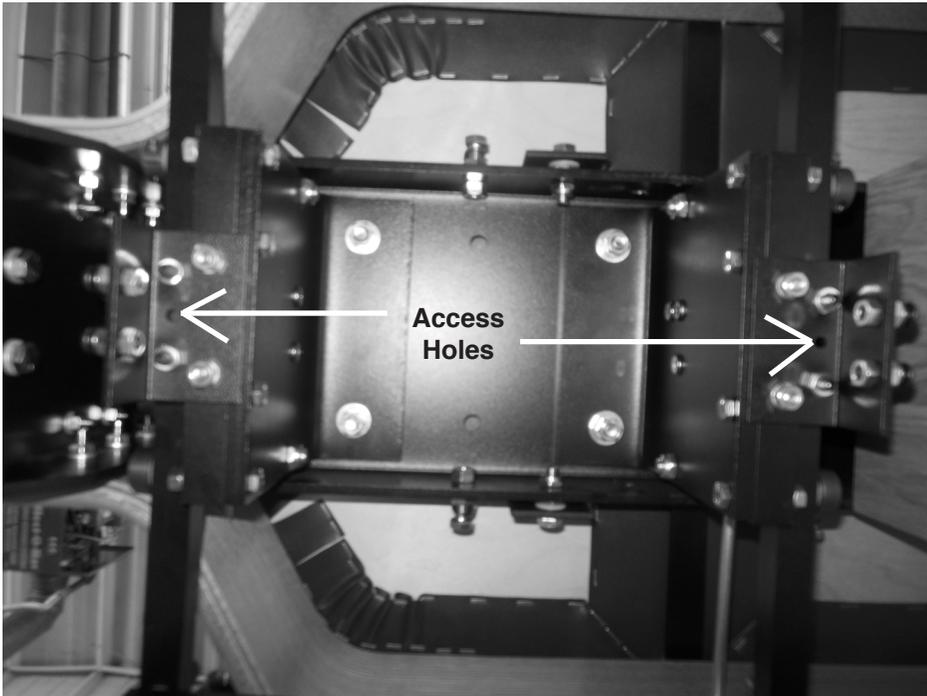


1. Elevate and cock the thoracic and pelvic drop sections.
2. Apply 3-IN-ONE into the hole on the top of the metal plate. Leave the drop sections cocked and elevated for a few minutes to allow the lubrication to penetrate the mechanisms before using the drops.

If the drops have not been lubricated on a regular basis:

1. First clean the plungers from accumulated dust and debris by applying WD-40 into the same holes and then drop the sections several times.
2. Apply 3-IN-ONE oil to lubricate the drops (as described above).

THORACIC & PELVIC STRIKE PLATES



Periodic tightening of the thoracic and pelvic drop mechanism strike plates will assure proper functioning and reduce wear on the cocking arms. We recommend doing this approximately once/month.

Locate the access hole in the angle bracket of each drop. Using the allen wrench provided, insert it through the hole and locate the screw in the strike plate. Tighten the screw firmly. Do this on both of the thoracic and pelvic strike plates.

VERY MODERN, VERY SOPHISTICATED

Recognizing the need for distinctive, contemporary graphics for chiropractic offices and reception areas, Thuli Tables has commissioned two fine sets of plaques. Unmatched in visual appeal and content, these plaques are perfect for your consultation and adjusting rooms. They will assist your patients in understanding the essential principles of chiropractic.

Silkscreened on black laminate, each piece is 9" x 22" x 3/4".

QUOTATION SET

"Look well to the spine for the cause of disease."



Portrait of Hippocrates
Hippocrates

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease."



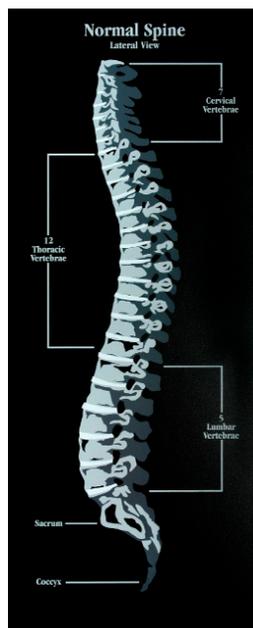
Portrait of Thomas Edison
THOMAS EDISON

chi-ro-prac-tic (kī rō-prāk'tic)n.

[Greek *cheir*, hand + *praktikos*, done by]

That science and art concerned with the relationship between the spinal column and the nervous system as it affects the restoration and maintenance of health, primarily utilizing the hands to adjust misaligned or malfunctioning vertebrae.

EDUCATION SET



A **SUBLUXATION** refers to the structural misalignment or fixation between two or more adjacent vertebrae, causing nerve irritation and resultant alteration in normal mechanical and neurological functions of the body.

An **ADJUSTMENT** is the specific chiropractic procedure used to eliminate or reduce a subluxation, thereby restoring normal neural transmission to the involved area, and assisting the body's natural ability to achieve maximum health.

www.thulitables.com

youtube.com/thulitables



Tour Portable



Sport Portable



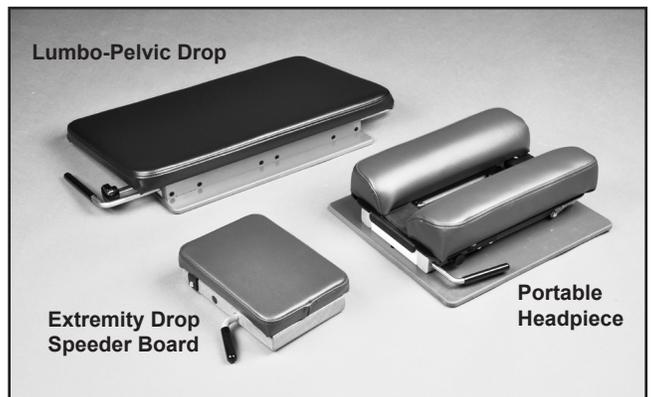
300 Stationary



500 Stationary



Elevation Tables



Lumbo-Pelvic Drop

Extremity Drop
Speeder Board

Portable
Headpiece

Portable Drops