

Owner's Manual

300 Stationary



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Thank you for your purchase of a 300 Stationary table. We are pleased to provide you with a chiropractic adjusting table that is versatile, precisely engineered and beautiful. It has been thoroughly inspected and tested right down to the smallest detail before leaving our shop. We are confident that it will provide you with many years of reliable service.

To familiarize you with the table and instruct you on its proper operation and maintenance, please take the time to read this manual carefully.

Our products are covered by a one year warranty, which includes any defect in workmanship, function and materials under normal wear and tear conditions.

If you have any questions or comments, please contact us. We look forward to speaking with you!

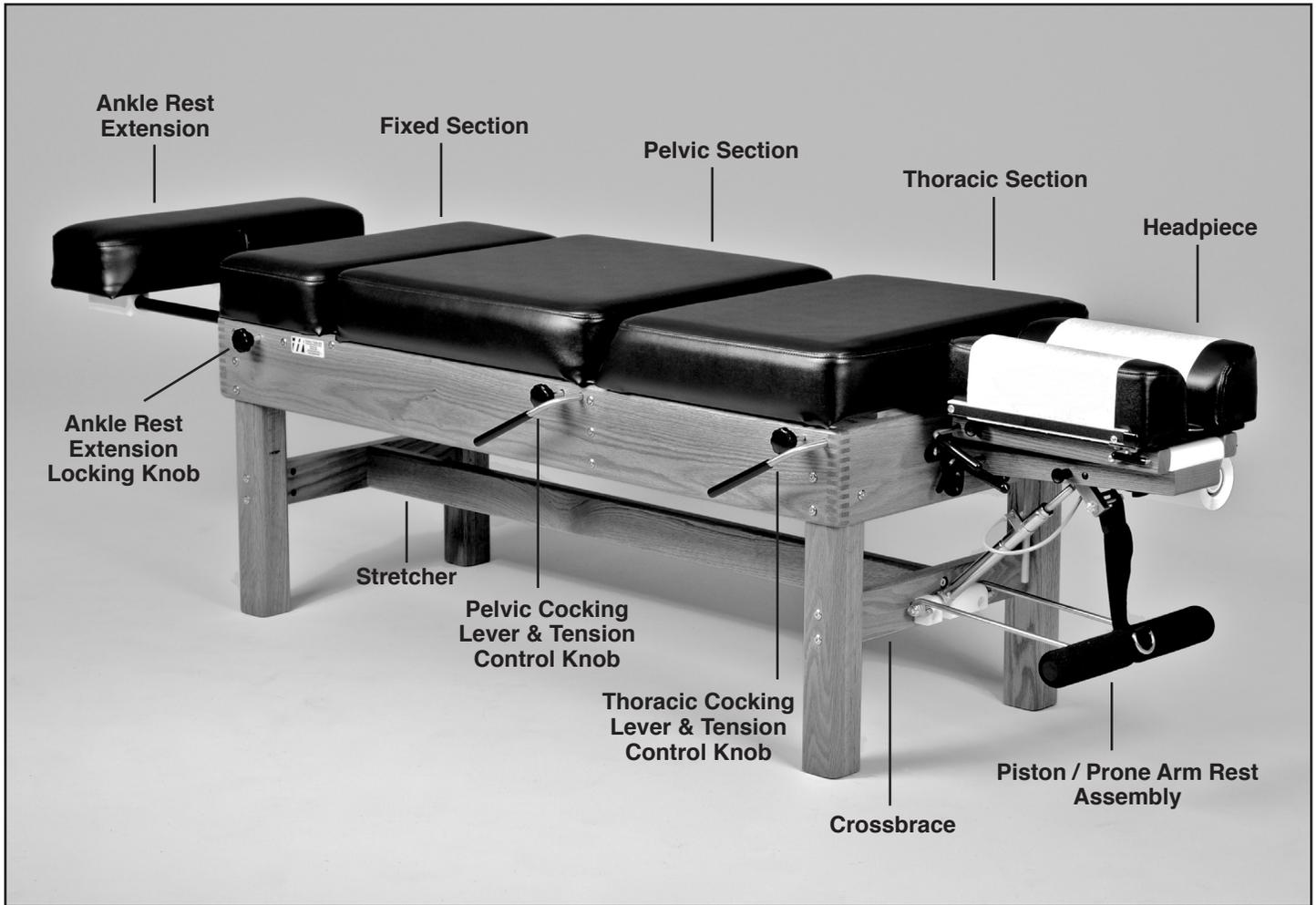
Sincerely,

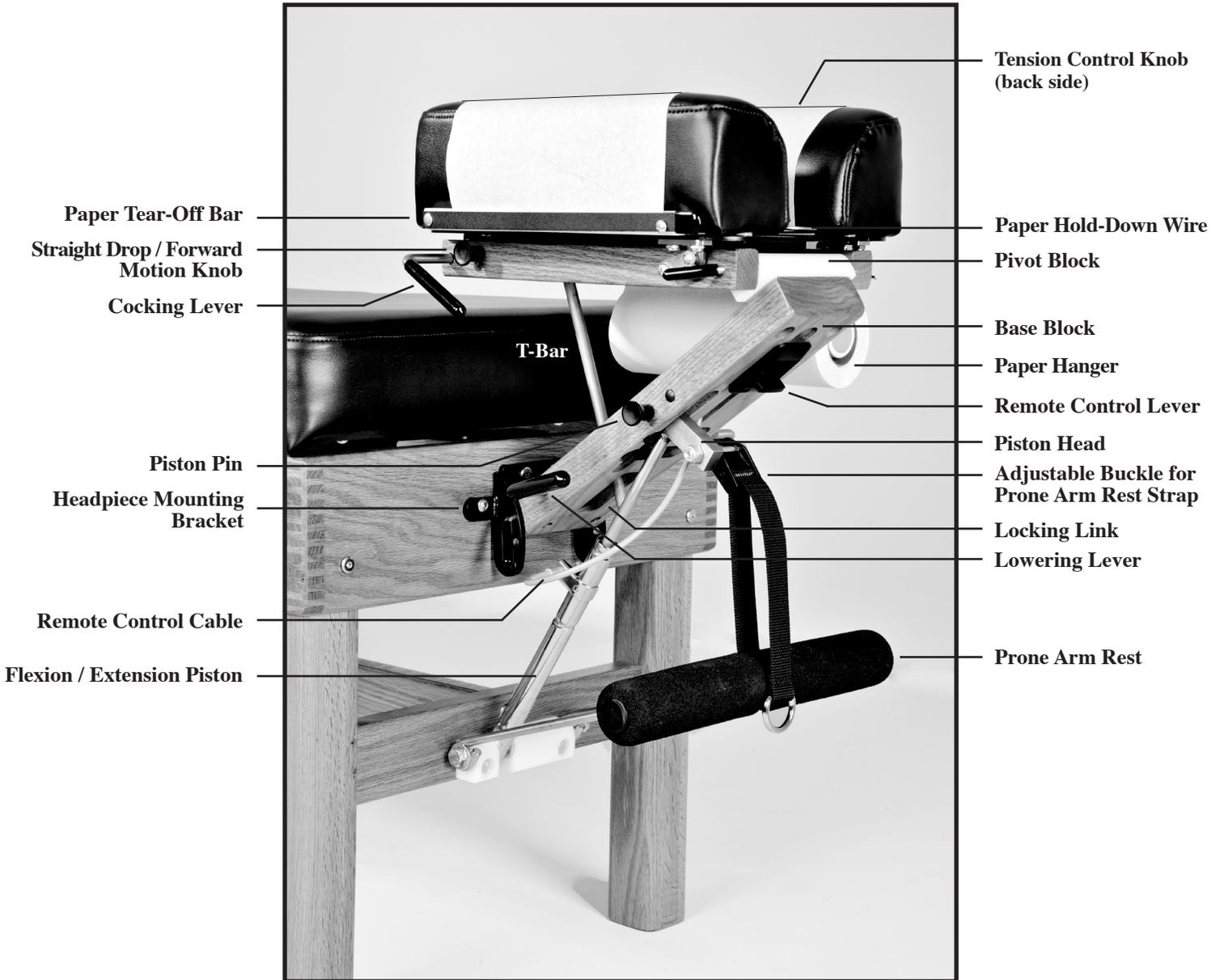
A handwritten signature in cursive script that reads "Rick Thuli".

Rick Thuli, D.C.

President

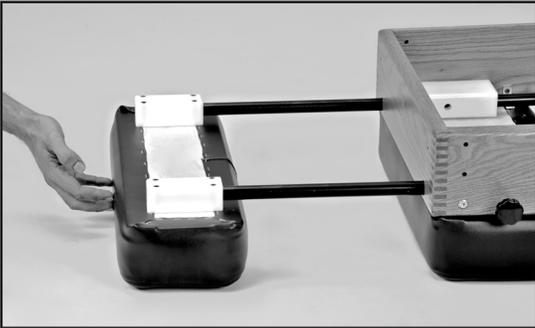






Your table is easy to assemble. For protection during shipping, the headpiece, ankle rest extension and legs are packaged separately from the table. We have included two different wrenches to assist you in the assembly process.

ANKLE REST EXTENSION



1. Lay the table onto its cushions.
2. Remove the hitch pins and “O” rings from the ankle rest extension rods.
3. Loosen both locking knobs and slowly remove the wooden dowels from the plastic housing (these dowels were installed for shipping purposes to keep the spacer from falling out of the housing).
4. Insert the ankle rest extension rods through the frame and housings.
5. Replace the “O” rings and hitch pins.

TABLE LEGS



Attach the front and back leg sets to the table frame by matching up the colored dots and using the 12 sets of fasteners provided. Insert the bolt (first through the frame and then through the leg). Slide on the washer, lockwasher and nut and tighten down.

STRETCHER



Attach the long stretcher to the front and back leg sets using the four remaining lag bolts. Engage the short end of the allen wrench firmly into the recess of the bolt to avoid stripping it out when tightening.

LATERAL FLEXION Proceed to the next step if your headpiece does not have Lateral Flexion.



1. With the 9/16" wrench provided, attach the headpiece to the table using the four hex bolts and lockwashers.
2. Proceed to step "Headpiece Paper".

HEADPIECE T-BAR



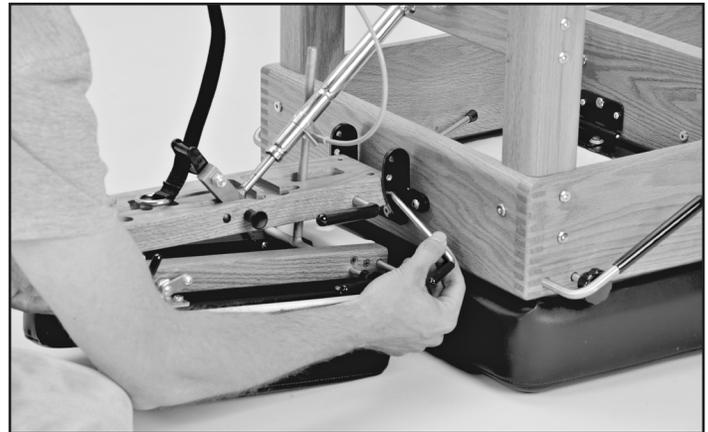
1. Place the headpiece onto its cushions at the front of the table.
2. Lift the base block to a 45 degree angle.
3. Insert the long rod of the T-bar through the hole in the locking link of the base block.
4. Lower the base block to a closed position by applying counterclockwise (downward) pressure to the lowering lever.

PISTON / PRONE ARM REST



1. Attach the piston/prone arm rest to the crossbrace of the front leg set using the fasteners provided, matching up the colored dots.
2. Swing the piston/prone arm rest up and out of the way to provide room for attaching the headpiece.

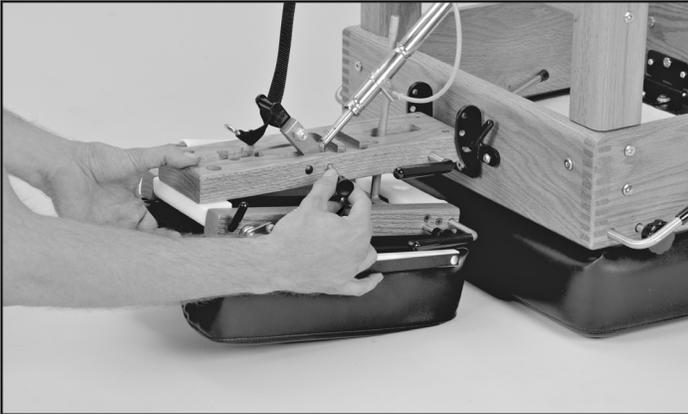
HEADPIECE



5. To attach the headpiece to the table, slide the base block into the mounting bracket.
6. Visually line up the hole of the base block with the holes **closest to the cushions** in the mounting bracket and insert the mounting pin with a twisting motion.

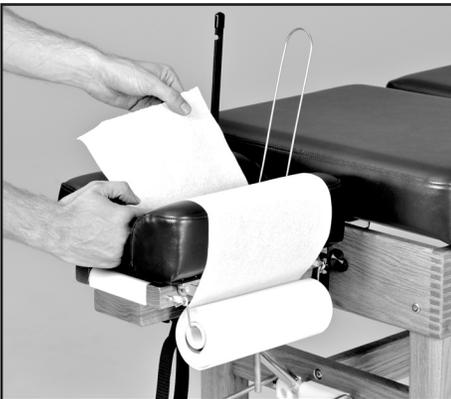
Note: If you are using the Comfort Pillow, the base block will have a white block attached to it. Line up the hole in this block with the holes **farthest from the cushions** in the mounting bracket. Insert the closing/mounting pin with a twisting motion.

PISTON / PRONE ARM REST



1. Swing the flexion/extension piston down toward the off-centered slot in the base block.
2. Remove the piston pin from the base block and raise the front end of the headpiece to allow the piston to engage in the off-centered slot. Operating the remote control will allow you to rotate the piston head to align with the off-centered slot.
3. Attach the piston to the base block by visually lining up the holes and re-inserting the piston pin.
4. Install the remote control into the bottom of the base block. Insert the cable into the narrow slot and tilt the remote control into the recess until it snaps into place. Operating the remote control will allow the headpiece to lay flush with the table cushions.

HEADPIECE PAPER



1. Install a standard 8" roll of headpiece paper.
2. Raise the paper hold-down wire and tear-off bar. Advance the paper and tuck it between the cushions.
3. Lower the hold-down wire between the cushions, lower the tear-off bar and tear off any excess paper.
4. To advance the headpiece paper, raise the tear-off bar, hold your finger on the hold-down wire and pull the paper across the cushions. Pulling the paper in an upward direction will reduce friction, making it easier to pull.
5. To tear off used headpiece paper, use an upward motion while holding down the tear-off bar.

FLEXION & EXTENSION



Flex and extend the headpiece by grasping the front end of the headpiece and operating the remote control.

LATERAL FLEXION (optional)



To flex the headpiece laterally, turn the lateral flexion lever in a counterclockwise direction, manually position the headpiece, then lock it into position by tightening the lateral flexion lever. This can be done while the headpiece is in the flexed, extended or elevated position.

LATERAL FLEXION LEVER



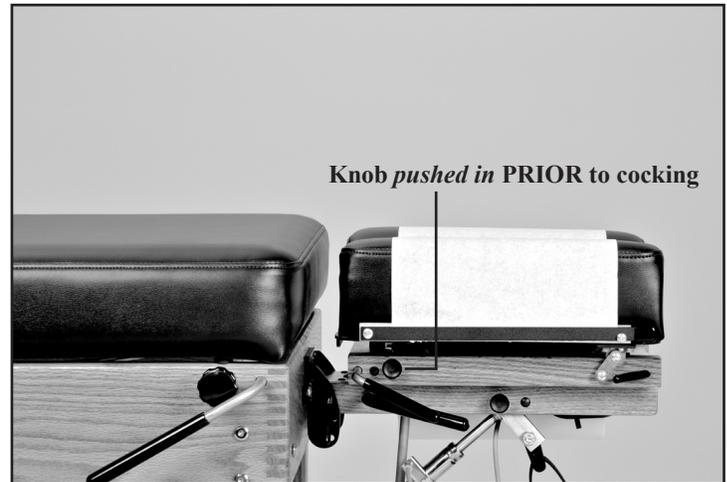
The position of the lateral flexion lever can be changed. With the lateral flexion lever tightened, pull the lever directly outward, rotate to the desired position and release.

STRAIGHT DROP



PRIOR to cocking the headpiece, set for straight drop by pulling out the headpiece straight drop/forward motion knob until you feel it is “set” into position. This will be just short of coming into contact with the cocking bar. If you pull the knob out too far, no problem. Just push it back in and continue.

FORWARD MOTION DROP



PRIOR to cocking the headpiece, set for forward motion drop by pushing in the headpiece straight drop/forward motion knob.

NOTE: Cock the headpiece with an upward motion on the headpiece cocking lever. Set the desired tension by turning the headpiece tension control knob clockwise (increasing tension) or counterclockwise (decreasing tension). **Changing the drop direction after the headpiece is cocked will result in an ineffective drop and may damage the mechanism.**

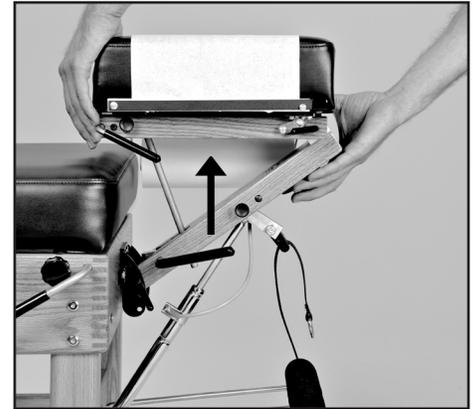
VERTICAL ELEVATION



1. Raise the back end of the headpiece by lifting the red grip of the cocking lever (without operating the lever).
Caution: Do not grasp the cushions to raise the back end, which could stretch and damage the small springs.



2. Raise the front end of the headpiece by operating the remote control lever.



3. With practice, steps 1 and 2 can be combined to vertically raise the headpiece in one smooth motion.

VERTICAL LOWERING



1. Lower the front end of the headpiece by operating the remote control lever.



2. In one smooth motion, lower the back end of the headpiece by lifting the headpiece lowering lever firmly with one hand while gently lowering the back end of the headpiece with the other.

IMPORTANT

Advise your patient before changing the position of the headpiece. This is especially important when lowering the back end of the headpiece (step 2 above). Failure to gently lower the back end of the headpiece may result in its sudden drop, causing possible alarm to the patient.

HEADPIECE CUSHIONS: ADJUSTABLE WIDTH

The headpiece cushions are easily adjustable in width at the front end for individualized patient comfort. Firmly pull up on the front end of each headpiece cushion and move in (one or two notches) or out (one or two notches) to desired position. Secure cushions by engaging locating pins into notches provided.



Neutral position.



Narrowest position for smaller faces (eg children).



Widest position takes pressure off of the patient's eyes.

PRONE POSITION



Position the patient sufficiently forward with arms outstretched and wrists resting comfortably on the Prone Arm Rest, which is adjustable in height. To raise, pull on the loop at the end of the strap. To lower, squeeze the cam lock (to loosen the strap) and pull down on the Prone Arm Rest grips. Advise the patient not to apply weight on the Prone Arm Rest while getting up from the table.

SIDE POSTURE POSITION



Side posture positioning of the patient's head for lumbo-pelvic adjusting or toggle recoil adjusting.

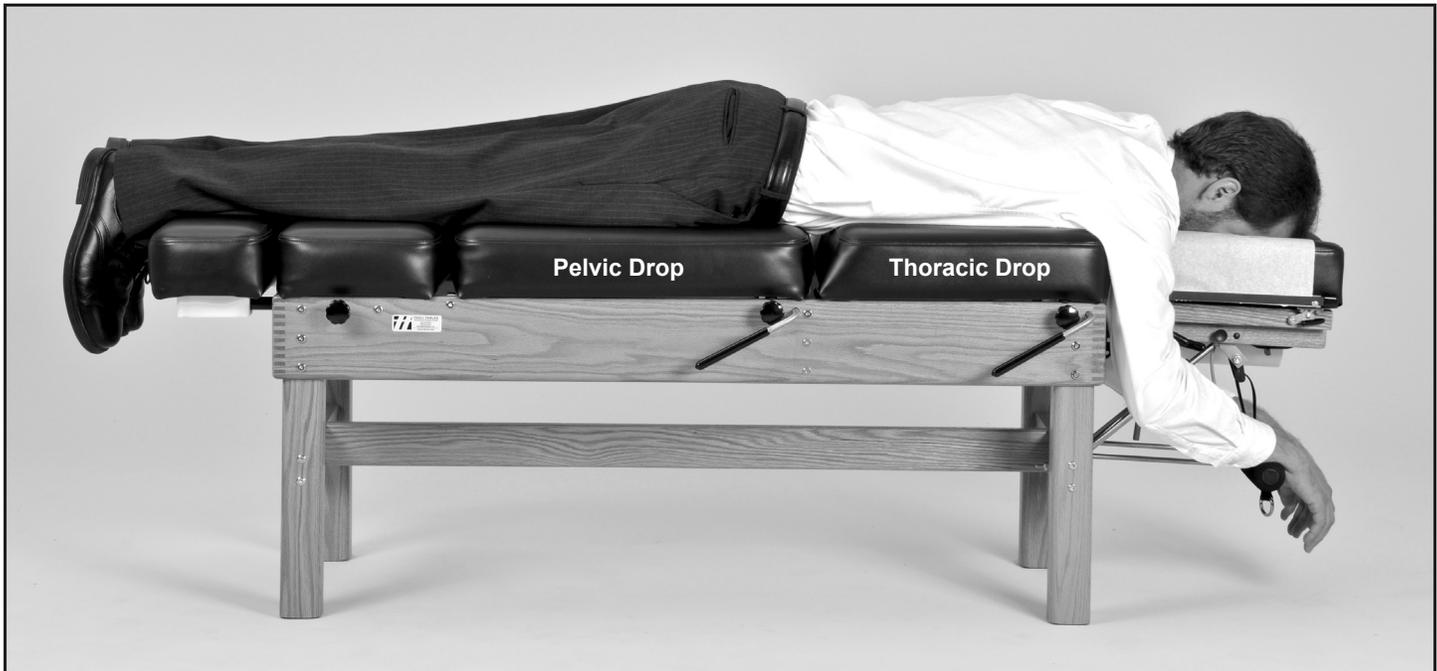
SUPINE POSITION



Position the headpiece vertically to give maximum support of the cervical spine and patient's head when in a supine position.

EYE COMFORT IN PRONE POSITION:

For patients who are sensitive to pressure on their eyes, slightly raise the back end of the headpiece. This will take pressure off of the eyes by supporting the weight of the head at the mandible and zygomatic arches. Using this maneuver, in combination with slight flexing of the headpiece, will provide additional comfort for many patients.



PELVIC DROP

Position the patient's anterior superior iliac spine (ASIS) at the juncture of the pelvic and thoracic sections.

SETTING THE TENSION

The pelvic and thoracic drop sections have adjustable tension and cock with an upward movement of the cocking lever. **It is best to advise your patient of your intentions.**

1. With the patient on the table, cock the drop section. You must have sufficient tension on the drop mechanism to hold the patient's weight.
2. Loosen the tension control knob by turning it counterclockwise until the section drops.
3. Turn the tension control knob clockwise 3 - 4 half turns. As a general rule, the drop is now set for the patient's weight. The desired tension may vary according to the practitioner's preference.

THORACIC DROP

Position the patient sufficiently forward with their arms outstretched and wrists resting on the prone arm rest. This will insure that the skin on the back of the patient's arms will not be pinched between the thoracic section and the table frame when using the drop.

THORACIC INCLINE



ANTERIOR THORACIC ADJUSTING

The thoracic section can be raised to a 20 degree angle. Lift the thoracic section, swing the slant bar down and allow the rubber tips to rest on top of the front legs (the right arm of the slant bar will straddle the thoracic tension control knob).



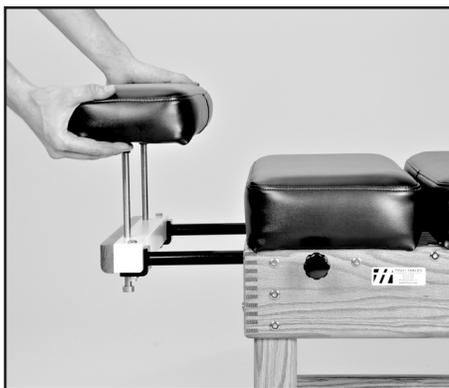
CERVICAL PALPATION & ADJUSTING

Uses of the thoracic incline include anterior thoracic adjusting, cervical palpation and diversified cervical adjusting. This feature allows the practitioner to remain in a comfortable, upright position.

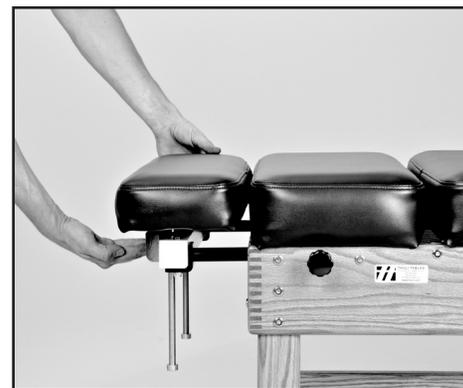
ANKLE REST EXTENSION

The ankle rest can be extended up to 11" to accommodate taller patients. Shorter patients can drop their feet into the recess created by the extended ankle rest. Locking knobs are provided on both sides of the table.

ANKLE REST ELEVATION AND LOWERING (optional)



To ELEVATE, simply lift up on the ankle rest.



To LOWER, lift the center of the wood bar with one hand while gently lowering the ankle rest with the other hand.

ABDOMINAL SWING-AWAY (optional)



Activate the lever on either side of the table while depressing the abdominal section. This can be done before the patient lays on the table or while the patient is on the table. Adjust the position of the abdominal swing-away to the patient's comfort.



This abdominal swing-away section offers prone comfort to pregnant patients or to those of us with “a little extra around the middle.”

ABDOMINAL SWING-AWAY (optional): INTERCHANGEABLE CHEST CUSHIONS

STANDARD CHEST CUSHION

This cushion has a foam density that matches the firmness of the rest of the table. This is likely the cushion you will use for most patients.

“FEMALE FRIENDLY” CHEST CUSHION

This cushion provides a combination of soft foam in the breast area and firmer foam surrounding, insuring adequate thoracic support when the patient is lying prone. The firmer sternal cushion allows for performing “anterior thoracic” adjustments.

CHEST CUSHION PLACEMENT



The chest cushions are attached by way of four magnets. To remove the cushion, simply grasp at both sides and twist toward the headpiece with a lifting motion. The cushion is held in correct position by aligning the two holes on the underside of the chest cushion with the two nickel plated acorn nuts on the thoracic drop plate.

CHEST CUSHION STORAGE



When not using the chest cushion, consider:

1. Setting it aside.
2. Storing it in the space vacated by the extended ankle rest section (photo above).
3. Use it as a bolster under the patient’s ankles when lying prone.
4. Use it as a bolster under the patient’s knees when lying supine.

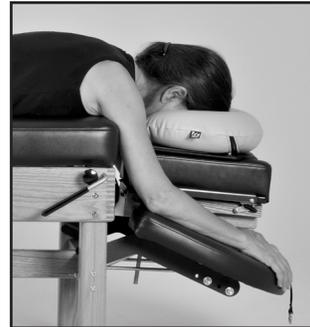
COMFORT PILLOW



The base of the Comfort Pillow inserts into place between the headpiece cushions. Use with your Thuli or any other manufacturer's table!



The Velcro on the underside of the pillow secures it to the base, allowing for width adjustability.



The Comfort Pillow offers massage quality comfort in the prone position.



Rotate the Comfort Pillow 180 degrees to provide cervical support in the supine position.

CRESCENT ARM REST



The Crescent Arm Rest provides additional forearm support in the prone position. Simply slide both slotted ends of the bracket onto the bolts located on the inside of the front legs and push down onto the standard Prone Arm Rest. The Crescent Arm Rest will snap into place. Its positions are easily adjustable. Can be retrofitted at anytime (minimal installation required).

BOLSTERS



Bolsters are 20" wide with a nonslip base. Choice of two heights: 2.75" or 4.25". Use in prone position under ankles or in supine position under knees to relax hamstrings.

DROP MECHANISM LUBRICATION

Periodic lubrication of the drop mechanisms will insure smooth, crisp drops. We recommend that you use 3-IN-ONE oil after about 500 adjustments or once/month, whichever comes first. If the drops have not been lubricated on a regular basis, it is recommend to first clean the plungers using WD-40. See instructions below.

CERVICAL DROP



Routine lubrication:

1. Raise the headpiece (as shown) and cock the drop mechanism.
2. Apply 3-IN-ONE into the hole of the drop mechanism housing. Allow a few minutes for the lubricant to penetrate the mechanism before using the headpiece drop.

If the drop has not been lubricated on a regular basis:

1. First clean the plunger from accumulated dust and debris by applying WD-40 (as described above) and then drop the headpiece several times.
2. Apply 3-IN-ONE oil to lubricate the drop (as described above).

UPHOLSTERY

Normal day to day soil on the vinyl upholstery can be removed with neutral soap and warm water followed by a thorough water rinse. Avoid harsh detergents and powdered abrasives. Areas coming in contact with hair, body oils or perspiration should be washed frequently. Remove stains immediately to prevent the possibility of them becoming permanent. In the event of damage, pre-sewn replacement upholstery is available from Thuli Tables.

THORACIC & PELVIC DROPS



Routine lubrication:

1. Cock the thoracic and pelvic drop sections and then tip the table onto its side with the tension control knobs. This will expose the lubrication hole in each of the drop mechanism housings (on the opposite side of the tension control knobs).
2. Apply 3-IN-ONE oil into this hole. Allow a few minutes for the lubricant to penetrate the mechanisms before using the drops.

If the drops have not been lubricated on a regular basis:

1. First clean the plungers from accumulated dust and debris by applying WD-40 (as described above) and then drop each section several times.
2. Apply 3-IN-ONE oil to lubricate the drops (as described above).

TENSION CONTROL ADJUSTMENT

The set screw on the bottom of the thoracic, pelvic and caudal drop mechanisms can be adjusted (using an 1/8" allen wrench) so that the tension control rod has more or less resistance. See photo above.

Increase resistance: Turn the set screw clockwise. This is helpful if the tension control rod is "backing out" while using the drop.

Decrease resistance: Turn the set screw counter-clockwise.

VERY MODERN, VERY SOPHISTICATED

Recognizing the need for distinctive, contemporary graphics for chiropractic offices and reception areas, Thuli Tables has commissioned two fine sets of plaques. Unmatched in visual appeal and content, these plaques are perfect for your consultation and adjusting rooms. They will assist your patients in understanding the essential principles of chiropractic.

Silkscreened on black laminate, each piece is 9" x 22" x 3/4".

QUOTATION SET

"Look well to the spine for the cause of disease."



"Father of Medicine"
HIPPOCRATES
460-370 B.C.

"The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet, and in the cause and prevention of disease."



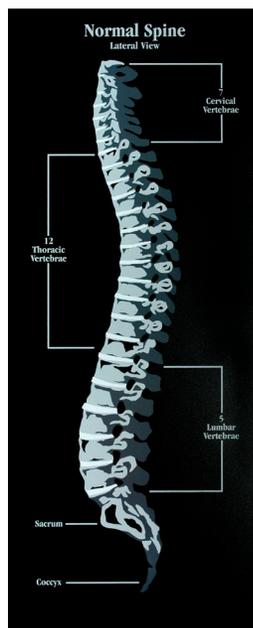
THOMAS EDISON

chi-ro-prac-tic (kī rō-prāk'tic)n.

[Greek *cheir*, hand + *praktikos*, done by]

That science and art concerned with the relationship between the spinal column and the nervous system as it affects the restoration and maintenance of health, primarily utilizing the hands to adjust misaligned or malfunctioning vertebrae.

EDUCATION SET



A **SUBLUXATION** refers to the structural misalignment or fixation between two or more adjacent vertebrae, causing nerve irritation and resultant alteration in normal mechanical and neurological functions of the body.

An **ADJUSTMENT** is the specific chiropractic procedure used to eliminate or reduce a subluxation, thereby restoring normal neural transmission to the involved area, and assisting the body's natural ability to achieve maximum health.

www.thulitables.com

youtube.com/thulitables



Tour Portable



Sport Portable



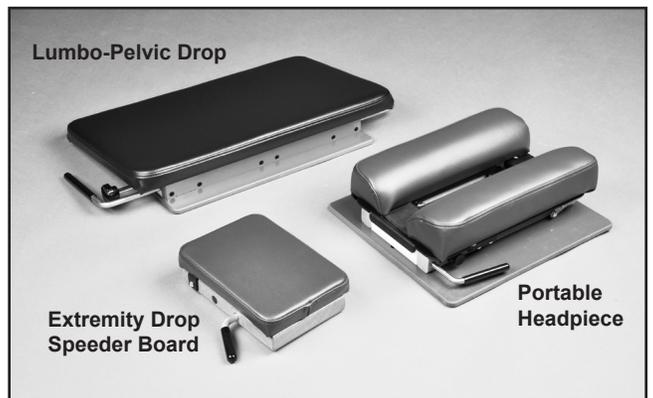
300 Stationary



500 Stationary



Elevation Tables



Lumbo-Pelvic Drop

Extremity Drop
Speeder Board

Portable
Headpiece

Portable Drops